

Interactive Drawing Therapy

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Terms and Conditions

9/10/2009

By signing the Registration Form you agree to adhere to the following terms and conditions:

1. Contract

These 'Terms and Conditions' cover your registration and participation in any Interactive Drawing Therapy (IDT) training course or event, and the use of IDT material. They are deemed to have been read and accepted by both the participant and the agency or person that pays their course fees.

2. Complaints

We aim to provide high-quality training courses, professional and efficient administrative services, training environments that are conducive to learning, and supportive follow-up contact. We will act ethically with integrity, responsibility, fairness and confidentiality. Our courses are provided in the English language, and all IDT teachers are registered members of the New Zealand Association of Counsellors or approved equivalent. If you have any concerns or complaints regarding your IDT training or administrative service please speak directly to your course teacher or write to the Director, who will consider your concerns, investigate them and report back to you. In the event of a dispute that cannot be settled, both parties agree to submit the dispute to an independent, qualified arbitrator, whose decision shall be binding. We are committed to professional excellence, and welcome your feedback.

3. Privacy Act

The participant authorises Interactive Drawing Therapy Limited staff and agents to collect, hold and use registration information, for the purpose of organising the IDT training course for which you are registered, and informing you of future IDT courses, events and services. The participant also authorises the transfer of their contact details into a Class List for distribution to other class members who can then if desired contact each other to work together to complete course assignments as well as to their local IDT peer support group co-ordinator who can advise details of meetings. Participant information will not be given to any other third party without written permission.

4. Confidentiality

It is essential that personal and private information revealed by participants in class discussions, training exercises or assignments shall not be passed on to any other party. Any breach of this obligation shall result in the informant being required to leave the course, and no refund of any fees or costs will be made on these occasions.

5. Copyright and Trade Protection

5.1 General

The purpose of IDT training courses is to provide participants with the principles and methodology of IDT for their own use in clinical practice with clients, supervisees and self-development. Russell Withers is the founder of IDT, the owner of Interactive Drawing Therapy Limited, and holds the intellectual property rights over the name Interactive Drawing Therapy, as well as the copyright of all course manuals, handouts, wall charts, website content, IDT logos and IDT processes and diagrams, and published papers. He also holds all rights to trade protection for the structure, design and provision of IDT training courses, newsletter sales, conference and retreat events, merchandise, advertising and all IDT-related material. IDT material must not be copied or distributed to others, and participants are not permitted to teach, train, coach or pass on their IDT learning to others. It is illegal to copy and distribute any portion of the course manual or handouts. Breaches of copyright or trade protection will be prosecuted, and damages sought.

5.2 Source material

IDT has been written up and published in the New Zealand Journal of Counselling (Vol 26, No 4, 2006), the IDT Newsletter "A Thousand Words", our website <InteractiveDrawingTherapy.com>, and various IDT brochures and promotional flyers. You are welcome to use extracts from this material as long as you give full citation to its source.

5.3 Giving an IDT presentation

You may be asked by your employer or course tutor (if you are a student elsewhere) to make a summary presentation of IDT to work colleagues or other students. Or you may (on your own account) offer an IDT presentation at a professional conference or practice seminar. Presenters must adhere to the copyright and trade protection described above, as well as declare that they are not accredited IDT teachers or experts, and nor do they act as an agent of Interactive Drawing Therapy Limited. The IDT office will be pleased to post you a bundle of IDT brochures and course flyers at no cost, for you to distribute to those present, encouraging them to enrol in IDT training.

6. Disclaimer of Liability

Like all other therapeutic modalities IDT can be used safely or inappropriately. IDT has the capacity to release unconscious material, strong feelings, issues and forces that can seriously disturb the user's psychological balance. IDT is not intended to replace normal professional safe practices.

Neither Interactive Drawing Therapy Limited, nor Russell Withers, nor any of the IDT Teachers or staff accept any liability for the uses or misuses of IDT principles and practices (as taught, demonstrated or described in class, or in the handouts), that participants engage in, nor are any of the above responsible in any way for the consequences of such use, nor for errors, omissions or misinterpretation of the IDT modality, either during or subsequent to the course.

7. Participant Pre-Requisites and In-Course Safety

IDT training courses are specialised courses designed to teach IDT to practitioners for their use with clients, and do not provide basic training in counselling skills. They presume participants have a mature level of interpersonal competency, good communication skills, a working knowledge of counselling frameworks, and sufficient ego-strength to put their own needs and preoccupations aside while attending the course. The IDT Foundation Courses is not offered as a time or place for personal therapy, nor for detailed academic debate.

IDT training courses include a wide range of short experiential exercises. Your participation in these training exercises will help you appreciate the unique power and effectiveness of IDT. As "clients" you will be doing real 'work'. We rely on you to take care of your own safety by taking up the option to "pass" at any point on any individual or group activity or demonstration that you are not comfortable with, and to practice appropriate self-disclosure at a level that is right for you. It is presumed that participants have regular supervision and ready access to therapeutic support as part of their learning and use of IDT, as well as for processing personal matters that may get brought up during course training exercises or assignments. Please speak to the teacher if any personal issues brought up during the class become a difficulty. To enrol in a Professional Development Workshop, Advanced Course or IDT Conference or Retreat, you must have completed the IDT Foundation Course, be trained in counselling skills, have clients, and receive regular supervision/therapeutic support.

8. Course Postponement/Cancellation

We will make every effort to keep to the advertised course dates, but reserve the right to cancel or postpone courses if minimum numbers are not reached. In that event a full refund will be made. Interactive Drawing Therapy Limited shall not be liable for consequential loss of income, travel or accommodation costs, or other losses that registrants or their agency may incur by such cancellation.

9. Fees

Providing IDT training throughout Australia and New Zealand is an expensive service, involving costs for air travel, local travel, teacher fees, venue hire and catering, teacher accommodation, drawing equipment and class manuals, etc. IDT gets no subsidies on its income, and we need good numbers to ensure a course proceeds.

9.1 Early Bird Discounts

Payment must be received within the six-week time frame specified on the course registration form to qualify for this discount, or the course fee will revert to the non-discounted Standard Fee.

9.2 Employer Payments

Participants shall remain liable for payment of all fees and charges in the event of their employer or benefactor declining payment of fees.

9.3 Bounced Cheques

Participants shall pay a \$50 IDT administration fee, plus all debt-collection costs and bank fees incurred in recovering debts from bounced cheques, declined credit, or non-payment.

9.4 Late Payments

Payments received after a course commences will incur a \$50 Administration fee, unless arranged in writing with Interactive Drawing Therapy Limited prior to the course.

9.5 Withdrawals, Absences, Transfers and Substitutions

All requests for refunds, transfers and substitutions must be made in writing.

9.5.A. Withdrawals and no-shows

Financial costs are incurred when course registrants withdraw prior to or during a course.

- A full refund (less \$50 administration fee) will be given for withdrawals received more than one calendar month prior to the course start date..
- A 50% refund will be given for withdrawals received within one calendar month (and prior to 48 hours) of the course start date.
- There will be no refunds for withdrawals received less than 48 hours before the course commences.
- There will be no refunds for absences during a course.

Please note that, in addition to the above clauses, if both units of the Foundation Course have been paid for at the discounted bulk rate, and the withdrawal is for Unit Two, the original fee for Unit One reverts back to the 'standard' single unit fee.

9.5.B. Absences

If you miss more than three hours of class time you will impair your ability to work effectively with other participants, and you may be asked to not participate in the rest of that course. Missing any part of a course will be treated as a withdrawal, and no refund will be given. If you have attended part of a course and have had to leave due to illness or a family or work emergency, you may be entitled (at IDT's discretion) to register for a future repeat of the course at the reduced Refresher discounted price. You must attend both days of each unit to be considered to have completed the unit, and be eligible for a certificate of attendance.

9.5.C. Transfers

Course registrants can transfer to another course scheduled for a different date or location.

- A \$50 administration fee will be charged for each transfer request received more than one calendar month prior to the course start date.
- A \$150 charge (- comprising a \$50 admin fee plus \$100 overheads cost) will be incurred for transfer requests received within one month of the course start date.

9.5.D. Substitutes

A substitute participant who meets the course pre-requisites is welcome to attend in the place of the original registrant on completion of the registration form. A \$50 administration fee will be charged for each substitution.

10. Absence or Disruption

On rare occasions where someone registers who is not ready for this sort of experiential training, your IDT Teacher has the right to require that participant to leave if their behaviour is deemed unsuitable or disruptive to the learning of other course participants. No refund will be made on these occasions.

11. Assignments, Certificates and Feedback sheets

IDT courses include assignments for you to complete outside of class to consolidate and extend your IDT learning. These assignments will be checked for completeness, but no evaluation or feedback will be given, and assignments will not be returned. You are advised therefore to send in a photocopy of your finished sheets (or electronic version). A certificate stating the number of hours you have put into this course (including an allowance for assignment time) will be issued on completion of the assignments (subject to your attendance at the whole course). Completion of the course and the receipt of any certificate of attendance or assignment completion is not an accreditation of skill, suitability, or professional competency.

Assignments (and course feedback sheets) are kept for periodically assessing the delivery and success of our teaching, and also for generic research of issues facing new IDT trainees. All names and identifying material will be strictly protected from such research. Your signature on your Registration Form authorises us to use your assignment material for IDT research.

12. The Nature of IDT Courses and Events

12.1 Training

These are training courses not a therapy or encounter group. The courses include a wide range of short training exercises, and we will be taking turns in both counsellor and client roles. The primary focus for the

course is on the counsellor role; – short sessions for the counsellor to practice and develop IDT skills.

12.2 Readiness

This is a specialty course, not a basic training in counselling. It presumes participants have a mature level of interpersonal competency, have good communication skills, a working knowledge of counselling frameworks, and are able to put their own needs and preoccupations aside while they attend professionally to their partner in class.

12.3 Experiential

The training exercises may bring up personal issues when in the client role; however time is not given to process all that surfaces. Please ask the teacher for help if this becomes a difficulty during the course. Participants are presumed to have effective personal and professional support systems at home. Your experience in the client role will help you appreciate the unique power and effectiveness of IDT. As clients you will be doing real 'work', so look after each other.

12.4 Individual Learning

This introductory course will provide you with basic counsellor skills in IDT, and presumes a relatively willing and capable client. This introductory course will not be giving detailed guidance for use with special-needs clients; (-some of those approaches are introduced in the IDT Advanced and Professional Practice workshops). Class participants come from different personal and professional backgrounds. You are therefore encouraged to ask questions that ensure the course becomes relevant to the professional needs of both you and your clients.

12.5 Modality-Based Learning

IDT is a complete modality, providing a congruent body of theory, methodology, demonstrable effectiveness, and meta-level accountability. As you progress in your IDT training you will find that it has a particular rigour and discipline that may challenge aspects of other trainings you have received. New learning takes trial-and-error practice and time. However IDT is also very user-friendly, and integrates well with other ways of working. You are encouraged at this stage of your IDT learning to adapt IDT to fit into your existing professional repertoire.

12.6 Structured Course

The course progressively builds through a series of modules, each presented with the format of: - wall chart presentation > handout > demonstration > class exercise > one-to-one feedback > and whole group Q & A time. There will be regular summaries and reviews. Feel free to ask questions or call a short break. We will start and end each day, and start and end our lunch-breaks on time.

12.7 Assignments and Certification

Each Unit includes two sets of Assignments, - one with clients, the other with your-self. A certificate affirming the time you have put into this course will be issued on completion of the assignments. Post us a photocopy of the Assignment sheets when completed. No feedback is given. IDT is recognised by various training providers and professional accrediting authorities. Many agencies in New Zealand pay for their staff to learn IDT. Your time spent here is of value.

12.8 Safety

A sense of safety is essential if we are to feel ready to enter into the exercises and discussions. You have the right to "pass" if we are having a round or are pairing off for an exercise, and the right to say "No" if invited out for a demonstration or to reveal something about yourself. Practice 'appropriate self-disclosure'. IDT does not subscribe to compulsory growth, and this is not an encounter group. IDT is client-centred, - despite its directive nature, - and the client remains 'in charge'. IDT believes the psyche will only present what it wants addressed. Like all modalities IDT can be used safely or inappropriately. Confidentiality is essential. Personal information shared within this workshop remains private to that moment. Counsellors, please check with your clients when we are having whole group rounds discussing how your session went.

12.9 Intensity

The course proceeds at a fast pace and is packed with information. You will experience information overload, and this is quite normal. The short sessions will keep opening up new issues, and you will be making a lot of inner connections. Most people are surprised by the depth, speed and power of IDT. Get the big ideas and the basic method, - don't try to take in all the detail. It is the client who does IDT and who will reveal it to you; - we don't do it 'on them' ! IDT works with the power of the right brain, - trust its ability to turn intense experience into insightful perception. IDT can access deep, strong feelings and emotions, and you will discover how the page provides new ways to contain, sustain and transmute these in safe and appropriate ways.

12.10 Delight

One of the great things about IDT is that it allows heavy issues to be addressed in a safe, light and remarkably

effective way. The psyche is always looking for an opportunity to do inner work. There will be lots of laughter through this course, as insights abound, and the new self transforms its old associations, releases inner resources and new potential. IDT changes our perceptions and our sense of self.

12.11 The Role of the IDT Teacher

During your practice sessions, the course instructor will periodically move around the pairs and make practical suggestions or give an impromptu mini-demonstration. Besides offering specific IDT guidance on the exercise, these also show the particular focus of IDT on process cues, and the power of keeping out of the client's content. Your course instructor is here to help you learn a new and liberating way of working with clients.

13. Queries

Please direct any queries to

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www.InteractiveDrawingTherapy.com