

More Than Words ...

Interactive Drawing Therapy



A page-based way of working with words, images and feelings

to access different parts of the psyche. The page becomes a mirror for your client, helping them see themselves more objectively from new perspectives, and facilitating insight, inner resourcefulness, and profound change. A unique map of the stages of the therapeutic journey guides you through the tasks, challenges, risks and interventions of each stage, dramatically increasing your effectiveness and ability to work safely.

Creative, Inspiring and Respectful

A client-centred process of disclosure and discovery in which you actively partner the client in the process of deepening their work, often through the development of visual metaphors. The counsellor does not interpret the client's imagery.

A practical and versatile modality

that you can use across a wide range of situations, client groups and presenting problems and with other therapies. IDT can be used for self, individual, couple or group therapy, with all ages (including young children), with less verbally or conceptually fluent clients, cross-culturally, and for short-term crisis to long-term developmental work.



Well-established (and growing)

with over 6,000 Australasian course registrations over the last 10 years, published in the NZ Journal of Counselling 2006 (26/4), and presented at national and international conferences.

Widely-used by a diverse range of helping professionals

Including counsellors & psychotherapists, social workers, psychologists & psychiatrists, doctors & nurses, occupational therapists, speech language therapists, guidance counsellors, teachers, youth workers, career practitioners, spiritual directors, staff from Aboriginal & Maori service agencies, alcohol & drug services, sexual abuse & refuge centres, immigrant services, hospices & stopping violence agencies.

What people say about IDT

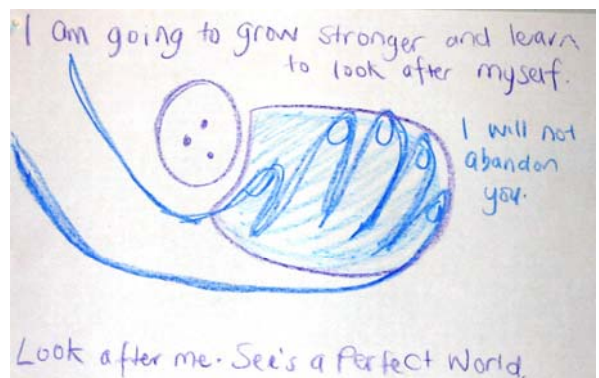
"It's the best psychological tool I've found and I've been working in the social welfare industry for 30 years." "We continue to be delighted, excited and amazed at the wide uses of IDT in the mental health setting." "Creative and empowering for the client, enlightening for the therapist." "... a universal therapy ... engages with ease & safety."

IDT Training – The Foundation Course

Your starting point for IDT training is the Foundation Course, which consists of two 2-day units (8.30 am – 5.00 pm). Unit One introduces the basic method and principles and Unit 2 outlines the IDT map of the therapeutic process and additional IDT ways of working. The course is designed for teaching IDT to professionals for use with clients, and is intense, fast-moving and experientially-based. The Foundation Course can also be delivered to agencies on an in-house contract basis.

New Zealand Course Schedule 2009

| | Unit One | Unit Two |
|------------------|-----------------|-----------------|
| Dunedin | March 5-6 | April 2-3 |
| Wellington A | March 5-6 | April 23-24 |
| Christchurch A | March 12-13 | May 7-8 |
| Palmerston North | March 26-27 | May 21-22 |
| Auckland A | April 30-May 1 | May 28-29 |
| Napier | June 11-12 | August 6-7 |
| Rotorua | July 30-31 | September 10-11 |
| Hamilton | August 6-7 | September 3-4 |
| Nelson | August 20-21 | September 17-18 |
| Whangarei | August 20-21 | September 17-18 |
| Invercargill | August 27-28 | September 24-25 |
| Auckland B | September 24-25 | November 5-6 |
| Wellington B | October 15-16 | November 19-20 |
| Christchurch B | October 22-23 | November 26-27 |



To Register or for more information, visit www.InteractiveDrawingTherapy

email idt@pl.net /phone 09 376 4789/PO Box 47-419, Ponsonby, Auckland 1144, New Zealand

IDT - Powerful Tools for Facilitating Change

Interactive Drawing Therapy

New Zealand 2009 Foundation Course Registration Form

Please send your completed and signed registration form to:
Interactive Drawing Therapy Limited, PO Box 47-419, Ponsonby, Auckland 1144
 Fax: (09) 376 4759 Email: idt@pl.net

Your Name and Contact Information

Name: Occupation: Organisation:
 Home Address: Suburb: City: Post Code:
 Phone (work): Phone (home): Mobile:
 Email (work): Email (home):

| Which Course Are You Attending? | City | Date |
|---------------------------------|------------|------------|
| Unit One: | (at) | (on) |
| Unit Two | (at) | (on) |

What is Your Course Fee? (please circle fee option which applies) Course Fee (gst inc)

Units One AND Two
 Early Bird Option— payment must be received 6 weeks before Unit 1 start date \$710.00
 Standard Option \$750.00

Unit One OR Unit Two (Single Unit Only) (You must complete Unit 1 before Unit 2.) \$395.00

Refresher (discounted rate for repeating unit/s Single Unit \$275/Early Bird \$495/Standard \$525) \$275 / \$495 / \$525

Are You Ordering a Drawing Pack? (OPTIONAL, but you'll need a drawing board for Unit 2) \$40.00
 (Drawing pack contains A2 drawing board and a pack of 20 crayons)

Your Payment Total (Course Fee + Drawing Pack (if ordering) Write Total To Pay Here → \$.....

How Are You Paying?: (please circle payment option and complete info. panel) IDT GST No 84-869-597

CHEQUE I enclose a cheque made out to **Interactive Drawing Therapy.**

CREDIT CARD I authorise IDT to debit my credit card for NZ\$

DIRECT CREDIT I have paid by direct credit/bank deposit.

Expiry Date: /

Name on Card:

If paying by Direct Credit, it's essential that you get the bank to print your name or IDT Invoice No. on our bank statement to identify your deposit, AND/OR that you advise us of your payment date and amount (and any reference details your bank has provided).

Date of PaymentReference

Card No _ _ _ _ - _ _ _ - _ _ _ _

Signed:

Assign Direct Credit payments to:
 Interactive Drawing Therapy Ltd
 Acct No. 03-0255-0265684-00
 Westpac Bank, Ponsonby Branch, 172 Ponsonby Rd, Ponsonby, Auckland

INVOICE (Please Complete this Section)

Attention:

Organisation:

Postal Address:

Phone:

Email:

Where Did You Find Out About this Course? (Please Circle)

Previous Participant Advertisement (Where?)..... IDT Website IDT Email Campaign

I have read and accept the 'Terms and Conditions' on the IDT website www.InteractiveDrawingTherapy.com
 (Please ask us to email or post you a copy of the Terms and Conditions if you do not have website access.)

SignedDate

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