

IDT Advanced Course 2010

As a Foundation Course graduate, you've experienced the depth, speed, power and delight of IDT, and now you're ready for more...

The Foundation Course gave you a basic introduction to IDT's seven-stage map of the client's therapeutic process and to IDT techniques that work well with relatively cooperative, motivated and resourced clients. The IDT Advanced Course is aimed at practising professionals, and takes you much further. It provides an in-depth exploration of the therapeutic process, and the different set of therapeutic tasks and challenges and different skill set of therapeutic intervention and style that each stage requires with more challenging clients. The Advanced Course is a robust hands-on experiential training; we don't just talk about Interactive Drawing Therapy and the therapeutic process, we enter into the process ourselves.

The Advanced Course will inform, protect, personally and professionally inspire you, significantly widen your IDT repertoire and increase your skill, confidence and ability to work effectively with your clients.

Learning Outcomes

- Understand the stages of the therapeutic process and the value and 'cost' of each stage
- Accurately read which stage the client is at
- Anticipate the stage-specific risks and dangers
- See the big picture and not get caught in client content
- Select the most effective IDT interventions for each stage and therapeutic task
- Learn to adjust your pitch, timing and manner to suit the work at hand
- Match session management to stage requirements
- Expand your ability to bring safety and containment
- Know which therapeutic tasks to attend to
- Learn how to work at deep levels with sub-personalities, archetypes, metaphor and symbol

Professional Outcomes

- Increase your skill, confidence and success in facilitating client change
- Gain personal and professional insight
- Extend your range of IDT applications
- Bridge cultural and language differences
- Gain expert like-minded peer support
- Become a listed IDT Counsellor
- Progress toward becoming an accredited IDT Supervisor
- Meet one of the pre-requisites for Teacher Training
- Become involved in IDT research and development

What the Research Shows

A study* of 235 IDT graduates showed that Advanced Course graduates were far more likely to be highly confident in using IDT (p.18). "IDT [was] seen to be useful for a wide range of presenting issues ... **particularly when practitioners are sufficiently skilled in its use**, and able to deal with client resistances. Both of **these factors highlight that intending practitioners should undertake more advanced training**, as currently provided" (p.29).

*A Practitioner Survey of Interactive Drawing Therapy as Used in New Zealand by Hans Everts and Russell Withers, published in the NZ Journal of Counselling, 2006 (26/4)

What Previous Advanced Course Participants Say

"Another hunk of the richest and most exciting knowledge I've ever studied since psych degree days...In 20 years of training and working as a counsellor this is the most useful and enabling course I have attended ... Dramatically increased the quality of my work with clients ... My counselling and awareness of life suddenly expanded on many different levels."

2010 Course Structure

The Advanced Course consists of six days of training, offered as two 3-day sessions in New Zealand and Australia. Class sessions run from 8:30am to 5:00pm each day, and there are also set assignments to complete between sessions. A certificate of course completion will be issued on receipt of the final assignment.

To enrol in the Advanced Course, you must have completed the IDT Foundation Course, be trained in counselling skills, have clients, and receive regular supervision.

New Zealand Advanced Course Schedule 2010

	Session 1	Session 2
Christchurch	October 13-15	November 17-19
Auckland	October 27-29	November 24-26

To Register, complete attached form, or for more information, visit www.InteractiveDrawingTherapy
email idi@pl.net, phone +64 9 376 4789, write to PO Box 47-419, Ponsonby, Auckland 1144, New Zealand

IDT - Powerful Tools for Facilitating Change

Interactive Drawing Therapy

New Zealand 2010 Advanced Course Registration Form

Please use a dark coloured pen, print and send your completed, signed registration form to:
 Interactive Drawing Therapy Limited, PO Box 47-419, Ponsonby, Auckland 1144
 Fax: (09) 376 4759 Email: idt@pl.net

Your Name and Contact Information

Name: Occupation: Organisation:
 Mailing Address: Suburb: City: Post Code:
 Work Address: Suburb: City: Post Code:
 Phone (work): Phone (home): Mobile:
 Email (work): Email (home):

Which Course Are You Attending? (Please circle)

Auckland Wellington Christchurch

What is Your Course Fee? (please applicable circle fee option) Course Fee (gst inc)

Early Bird Option – FULL payment must be received six weeks before the start of the course \$1400.00
 Standard Fee Option \$1500.00
 Refresher Option (available to previous Advanced Course graduates only) \$1000.00

How Are You Paying?: (please circle payment option and complete section) IDT GST No 84-869-597

CHEQUE I enclose a cheque made out to Interactive Drawing Therapy.

CREDIT CARD Please note that we only accept MasterCard and Visa.
 I authorise IDT to debit my credit card for NZ\$

Expiry Date: /

Name on Card:

Card No _____ - _____ - _____ - _____

Signed:

DIRECT CREDIT I have paid by direct credit/bank deposit.

If paying by Direct Credit, it's essential that you get the bank to print your name or IDT Invoice No. on our bank statement to identify your deposit, AND/OR that you advise us of your payment date and amount (and any reference details your bank has provided).

Date of Payment **Reference**

Assign Direct Credit payments to:
 Interactive Drawing Therapy Ltd
 Acct No. 03-0255-0265684-00
 Westpac Bank, Ponsonby Branch, 172 Ponsonby Rd, Ponsonby, Auckland

Please INVOICE MY EMPLOYER

Attention:

Organisation:

Postal Address:

Phone:

Email:

Advanced Course Prerequisites

Professional Training: Prof. Membership/s:

Supervision: Supervisor's Name How Often Do You Attend Supervision?.....

Client Contact: How long have you been seeing clients? Average No. of Clients per Week

This must be signed for your registration form to be accepted.

I have read and accept the 'Terms and Conditions' on the IDT website www.InteractiveDrawingTherapy.com
 (Please ask us to email or post you a copy of the Terms and Conditions if you do not have website access.)

Signed Date

IDT - Powerful Tools for Skilled Professionals