

Interactive Drawing Therapy

2010 IDT Professional Development Workshop Series

These two-day workshops provide further training in the use of IDT with specific applications, and will extend and deepen your effectiveness as an IDT practitioner. If a workshop you are interested in attending is not offered in your city, please contact the office and let us know, as we may be able to schedule some additional workshops, depending on demand. These workshops can also be provided on a lump-sum contract basis to agencies. IDT periodically offers these courses.

Hours:	8.30 am to 5.00 pm	Pre-Requisite: Completion of IDT Foundation Course
Cost:	\$350-395 (inc GST) per two-day workshop	Registrations: Please use Registration Form below

Using IDT with Children and Adolescents

Children and adolescents have different developmental capacities, and therefore require us to modify our use of IDT from the way that we work with adults. (Similar modifications can also be required when we find ourselves working with age-regressed adult clients). This course maps the key developmental stages of the young person, and provides guidelines for matching our IDT interventions with the child's readiness and capabilities. Principles and techniques for working with different age groups will be presented, and we will role-play typical scenarios.

City	Course	Date
Sydney, Australia	...Children and Adolescents	September 6-7
Adelaide, Australia	...Children and Adolescents	September 9-10
Palmerston North, New Zealand	...Children and Adolescents	October 14-15
Invercargill, New Zealand	...Children and Adolescents	November 11-12
Christchurch, New Zealand	...Children and Adolescents	November 30- December 1

Using IDT with Addictions

Whatever your model of treatment - harm reduction or abstinence, whether you consider addiction as a disease or a conditioned repetitively-learned behavioural response, IDT offers clients a deeper insight and understanding of themselves and what is not working in their life. Over the two days we see how working with addictions fits into the IDT therapeutic process with emphasis on meeting your clients needs at each specific stage. Addictions work involves harm – to self and/or to others, and our therapeutic response is then particularly important. Using IDT in your clinical practice with clients to identify triggers, create a relapse prevention plan, develop other recovery skills, and in avoiding high risk situations are some of the ways to incorporate IDT in your work. This workshop is directed toward practitioners working both with individuals and with groups.

City	Course	Date
Sydney, Australia	Addictions	October 18-19
Brisbane, Australia	Addictions	October 21-22
Auckland, New Zealand	Addictions	September 23-24
Wellington, New Zealand	...Addictions	November 4-5

IDT Group Work

Group work offers special benefits that cannot be achieved in one-to-one counselling. This workshop will provide IDT activities to help you accurately identify group needs, plan matching programmes, create an environment of safety and openness, use metaphor, develop guided drawings, match drawing cues to group needs, and open and close sessions. You will leave this workshop with increased confidence and heaps of practical IDT skills that can be used during a group session and across the life of an ongoing group.

City	Course	Date
Wellington, New Zealand	...Group Work	June 10-11
Auckland, New Zealand	...Group Work	September 9-10
Brisbane, Australia	...Group Work	November 25-26

IDT Supervision

This workshop outlines the unique aspects of using IDT in supervision (for both supervisor and supervisee), and covers strategies for Supervisor-led groups, Peer group supervision, One-to-one supervision, and Self-supervision. Participants are invited to bring drawings and case-notes of two current cases to share with the class. Please note that these IDT Supervision workshops are experiential and remain focussed around IDT practice, and will include matters of contract, counter-transference and transparency. This workshop is designed to supplement your ongoing regular supervision, not replace it.

Brisbane, Australia	...Supervision	October 7-8
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Working at Depth

As clients layer themselves onto the page, the content they are presenting commonly changes at each of the seven levels of work. This workshop helps us recognise and stay with essential content (without getting side-tracked by incidentals), and build a contract that matches the client's level of readiness. In contrast to the Foundation and Advanced courses that concentrate on matters of process, this unit shows how we need to work differently as we follow the client's content from presenting issues down to deeper underlying issues.

Family and Mediation work using IDT

The basic IDT method (taught in our Foundation Course) is designed to take the individual client into their inner world, whereas a 'group client' generally requires us to focus more on inter-personal dynamics and matters of collective intent. We therefore need to use the IDT page in quite a different way. IDT-based Couples Work uses jointly-constructed visual metaphors to reframe conflict, generate insight, and start a remarkable process of collaborative decision-making.

Working with Archetypes

Between IDT's levels of Underlying Issues and Intra-psychoic Issues lies the huge realm of archetypes – ancient patterns of immersion and response laid down in the unconscious, potent and powerful in their capacity to capture or transform. This is also the level of deeply-imprinted scripting, of forces and compulsions beyond the small grab and grasp of ego. Appearing to remain outside of self, the 'not-self' nature of archetypes is both enigmatic and problematic, typically disowned or denied. IDT's use of imagery and metaphor gives us powerful and unique tools for recognising archetypal elements and influences, and finding the resourceful offer that they bring.

Venue details will be posted shortly.

For further information about these courses please contact the IDT Office.

Interactive Drawing Therapy Limited, PO Box 47-419, Ponsonby, Auckland 1144, New Zealand.

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Interactive Drawing Therapy

New Zealand 2010 Professional Development Workshops Registration Form

Please send your completed and signed registration form to:

Interactive Drawing Therapy Limited, PO Box 47-419, Ponsonby, Auckland 1144

Fax: +64 9 376 4759 Email: idt@pl.net

Your Name and Contact Information

Name: Occupation: Organisation:
Mailing Address: Suburb: City: Post Code:
Phone (work): Phone (home): Mobile:
Email (work): Email (home): Region:

Which Course Are You Attending?

City	Date
..... (at)	(on)

What is Your Course Fee? (please circle fee option which applies)

Course Fee (GST inc)

Early Bird Fee - payment must be <u>received</u> 6 weeks before Course start date	\$350.00
Two-Day Workshop	\$395.00

Your Payment Total Write Total To Pay Here
→ \$.....

How Are You Paying?: (please circle payment option and complete section)

IDT GST No 84-869-597

CHEQUE I enclose a cheque made out to Interactive Drawing Therapy.

CREDIT CARD Please note that we only accept MasterCard and Visa.
I authorise IDT to debit my credit card for NZ\$

Expiry Date: /

Name on Card:

Card No _____ - _____ - _____ - _____

Signed:

DIRECT CREDIT I have paid by direct credit/bank deposit.

If paying by Direct Credit, it's essential that you get the bank to print your name or IDT Invoice No. on our bank statement to identify your deposit, AND/OR that you advise us of your payment date and amount (and any reference details your bank has provided).

Date of Payment Reference

Assign Direct Credit payments to:

Interactive Drawing Therapy Ltd
Acct No. 03-0255-0265684-00
Westpac Bank, Ponsonby Branch, 172 Ponsonby Rd, Ponsonby, Auckland

Please INVOICE MY EMPLOYER

Attention:

Organisation:

Postal Address:

This form must be signed for your registration to be accepted.

I have read and accept the 'Terms and Conditions' on the IDT website www.InteractiveDrawingTherapy.com
(Please ask us to email or post you a copy of the Terms and Conditions if you do not have website access.)

Signed Date